

Ocean Academy Charter School

Health Education 2nd Grade

Grade 2 HEALTH		
Lesson 3: Family / Social and Sexual Health		
OVERVIEW:	<p>Students will learn how they have changed and grown physically, emotionally and socially. They will learn to compare things a baby can do all the way up to what a second grader can do. They will be able to draw things they can do now as a result of growing and changing. They are aware that changes happen both inside and outside. They will be able to talk about some of the feelings that may accompany growing and changing. They will be able to discuss how people grow and change in their own ways and at their own pace. Learning how important it is to accept and respect difference will be taught.</p> <p>Body Changes, Ways to Express Yourself, Body Part Terminology</p> <p>THE LESSON WILL BE COVERED IN 1 CLASS PERIOD</p>	
	Lesson Objectives:	Materials and Resources
<p>Standards Expectations:</p> <p>2.1.2.PGD.5: List medically accurate names for body parts, including the genitals</p> <ul style="list-style-type: none"> • 2.1.2.SSH.1: Discuss how individuals make their own choices about how to express themselves. • 2.1.2.SSH.2: Discuss the range of ways people express their gender and how gender-role stereotypes may limit behavior. 	<ol style="list-style-type: none"> 1. Describe how their bodies have changed and grown since they were babies. 2. Describe thoughts and feelings that go with growing and changing. 3. Explain that people grow and change in their own ways. 4. Explain why it is important to accept difference in others. 	<p>Brain Pop – Bodies https://jr.brainpop.com/health/bodies/</p> <p>A Healthy Human Body https://www.youtube.com/watch?v=wkZDeSz776A</p> <p>Wellbeing for Children: Healthy Habits https://www.youtube.com/watch?v=dhpCdqOtuj0</p> <p>Puberty - Growing Up Worksheet https://www.teacherspayteachers.com/Product/Growing-up-printable-Bright-Gems-Learning-2472398?st=b40b50e21d3226a65d651b5e4c68b702</p>

OPT OUT PROCEDURES

For any parent wishing to opt out of the lessons described, please complete the form link below. Students not participating in the health lessons will be assigned to a different classroom for an alternate assignment.

Google Form to go [HERE](#)