

Grade 6 HEALTH		
Lesson 5: Social and Sexual Health		
<b>OVERVIEW:</b>	<p>Students will learn that it is important to respect all people regardless of their sexual orientation, gender identity, gender expression, race, ethnicity, socio-economic status, differing ability, immigration status, family configuration and many other characteristics. As always, students will be encouraged to talk to a parent or guardian if they have questions.</p> <p style="text-align: center;"><b>THE LESSON WILL BE COVERED IN 1 CLASS PERIOD</b></p>	
	<b>Lesson Objectives:</b>	<b>Materials and Resources</b>
<p><b>Standards Expectations:</b></p> <p>2.1.8.SSH.1: Differentiate between gender identity, gender expression and sexual orientation.</p> <ul style="list-style-type: none"> <li>• 2.1.8.SSH.2: Develop a plan for the school to promote dignity and respect for people of all genders, gender identities, gender expressions, and sexual orientations in the school community</li> </ul>	<p>The terms sex, gender identity, gender expression and sexual orientation will be defined.</p> <ul style="list-style-type: none"> <li>• Sex - what someone is labeled when they are born (male or a female) based on certain body parts.</li> <li>• Gender identity - how you feel on the inside.</li> <li>• Gender expression - how a person publicly expresses or presents their gender.</li> <li>• Sexual orientation - refers to the gender of whom you are attracted to physically and/or romantically.</li> </ul>	<p><b>Self Esteem &amp; Image Life Skills Lesson Worksheet</b>  <a href="https://www.teacherspayteachers.com/Product/Self-Esteem-Life-Skills-Lesson-3117969?st=4e5db065f317d3f398baa5274fbc967">https://www.teacherspayteachers.com/Product/Self-Esteem-Life-Skills-Lesson-3117969?st=4e5db065f317d3f398baa5274fbc967</a></p> <p><b>All About Boys Puberty</b>  <a href="https://www.youtube.com/watch?v=uDmTeU6H40s">https://www.youtube.com/watch?v=uDmTeU6H40s</a></p> <p><b>What is Puberty? Decoding Puberty in Girls</b>  <a href="https://www.youtube.com/watch?v=Tr8ZSH3eghs">https://www.youtube.com/watch?v=Tr8ZSH3eghs</a></p> <p><b>6<sup>th</sup> Grade Social Emotional Worksheets</b>  <a href="https://www.education.com/worksheets/sixth-grade/social-emotional-learning/">https://www.education.com/worksheets/sixth-grade/social-emotional-learning/</a></p>

**OPT OUT PROCEDURES**

For any parent wishing to opt out of the lessons described, please complete the form link below. Students not participating in the health lessons will be assigned to a different classroom for an alternate assignment.

**Google Form to go [HERE](#)**